



THE TRAUMA STEWARDSHIP INSTITUTE

How to Navigate Amidst Overwhelming Times

Whether because of trauma, crises or extremely rough days

Please join us for a day of raising awareness of trauma and vicarious trauma.

This event will be a foundational training and will address how we're being impacted by current and past overwhelm, crises, toll, or trauma and establish concrete means for how to keep on keeping on both individually and collectively.

Participants from all professional disciplines and life circumstances are welcome to attend.

CEUs OFFERED for: Psychologists • Social Workers • Counselors/Marriage & Family Therapists • Nurses • Chemical Dependency Counselors

Monday, May 6, 2019

9:00 am - 1:00 pm

Pleasant Hill Recreation & Park District

Community Center

320 Civic Drive

Pleasant Hill, CA 94523

Laura van Dernoot Lipsky will offer a compelling mix of personal insight, cutting-edge research, personal stories, and countless New Yorker cartoons to help us understand the cumulative toll of being exposed to suffering over time and gain the skills needed to reconcile it. If you have any questions, please email us at events@traumastewardship.com

With Gratitude,

The Trauma Stewardship Institute www.traumastewardship.com

To purchase ticket:

<https://www.eventbrite.com/o/the-trauma-stewardship-institute-and-community-violence-solutions-20004341995>

Please RSVP by May 3rd with Pat Mori: pmori@cvsolutions.org

We would like to express deep appreciation to our collaborating partner for this event:

**COMMUNITY  VIOLENCE
SOLUTIONS**
ENDING SEXUAL ASSAULT AND FAMILY VIOLENCE