

COVID-19 & INTERPERSONAL VIOLENCE

Are you experiencing abuse at home? Are you afraid to get help? Is the COVID-19 shelter-in-place order making it hard to get help?

If you are in immediate danger, call 911

During natural disasters and other emergencies, rates of interpersonal violence can increase dramatically. During shelter-in-place, tensions in relationships may increase. Increased financial and medical stress, unemployment, as well as generalized anxiety, can lead to more violence and abuse at home.

Contra Costa County's interpersonal violence agencies are still open and assisting during the COVID-19 shelter-in-place!

DOMESTIC VIOLENCE

If you, or a loved one, is experiencing violence at home from an intimate partner (such as spouse or boyfriend/girlfriend) please contact [STAND! for Families Free of Violence](#) 24-hour crisis line at **1-888-215-5555**, or if it isn't safe to call, please e-mail [**crisisline@standffov.org**](mailto:crisisline@standffov.org).

SEXUAL ASSAULT & HUMAN TRAFFICKING

If you, or a loved one, is experiencing (or has recently experienced) sexual assault or been forced or tricked into performing a sex act, please contact the [Community Violence Solutions](#) 24-hour crisis line at **1-800-670-7273**.

FAMILY VIOLENCE, CHILD ABUSE & ELDER ABUSE

[Family Justice Centers](#): **510-974-7200** (Richmond), **925-521-6366** (Concord), **925-281-0970** (Antioch)



FAMILY JUSTICE CENTER
SAFETY | HEALING | COMMUNITY